

Wasatch Adaptive Sports Snowbird Resort- Creekside Lodge 8880 Gad Valley Road, Snowbird, UT 84092 Office: 801.933.2188 programs@wasatchadaptivesports.org

# Wasatch Adaptive Sports Winter 2018-19 Season

Welcome to Wasatch Adaptive Sports! The information below will provide you with an overview of our winter programs. If you have questions or would like more information, please contact us at our office, 801.933.2188.

# About Wasatch Adaptive Sports (WAS)

Wasatch Adaptive Sports believes in creating independence in recreation. Founded in 1977, WAS is a 501(c)(3) nonprofit providing recreational, educational, and social programs to individuals with adaptive needs and their families. Our instructors are certified, paid professionals dedicated to helping our students achieve their goals in recreation. We offer thirteen unique programs throughout the year that pair student goals with our teaching progression. Our organization is funded by the generous support of donors who believe in our mission. Winter programs offered at this time are skiing, snowboarding, snowshoeing and more. View our calendar <u>here</u> for details.

Our offices are located at the Creekside Lodge at Snowbird Resort, entry 1 from the main road. Lessons will meet on level 2 inside the building.

## **Registration and Forms**

To begin registration for WAS Winter Programming, click the "Program Registration" button on the homepage at <u>wasatchadaptivesports.org</u>. You will be directed to the Program Registration page, where you can find links for all three required registration forms: 1. Registration Form, 2. Liability Release Form, 3. Intake Form. All three forms can be submitted online. Once your forms have been submitted, please contact WAS at 801.933.2188 or by email at <u>programs@wasatchadaptivesports.org</u> to schedule your lesson.

Registration information and all paperwork must be submitted before the first lesson is scheduled. Intake Forms will be renewed each year. A new Liability Release must be submitted at the start of summer and winter seasons each year. Students are required to inform us of any changes in your health and/or information on your Intake Form prior to any lesson. WAS may request a physician's release prior to any lesson in order to ensure safe participation in WAS programs. If note is requested and not received, the lesson will be postponed until the release is received.

The information provided on the Intake Form enables us to best serve our students. Contact us if you would like any assistance filling out the form or if you would like to discuss any of the questions.

# Scheduling

- First lesson: Following the submission of your Winter Registration, Liability Release and Intake Form on our website, please contact WAS at 801.933.2188 or by email at <a href="mailto:programs@wasatchadaptivesports.org">programs@wasatchadaptivesports.org</a> to schedule lessons. Local students are encouraged to sign up for a consistent time slot over the course of several weeks.
- Subsequent lessons: It is recommended to schedule lessons at least two weeks in advance. WAS staff will work to accommodate last minute lessons but cannot guarantee availability.
- Lesson Confirmation: Students are encouraged to contact WAS within 48 hours to confirm the lesson. A WAS representative will also call or text 24-hours in advance of each lesson to verify if we have not heard from you.
  - If confirmation of attendance is not made by 3 p.m. the day prior to the scheduled lesson, the lesson will be considered canceled and WAS will fill the spot.
  - If the student is late, the lesson will still end at the scheduled time.
- Groups: please contact programs@wasatchadaptivesports.org for more information.
- Canceling or Rescheduling a Lesson: The student or parent/guardian is required to contact WAS to reschedule or cancel a lesson <u>a minimum of 48 hours in advance</u> of scheduled lesson. A \$10 fee will apply for lessons cancelled within 48 hours or forno-shows.

# What to Expect

Accessible parking is located near the Creekside building. Your instructor will meet you inside the building to review your goals and perform an individualized assessment to inform equipment decisions prior to heading outside. Upon being fit for equipment, you and the instructor will head down the elevator in the building to the first floor (restrooms located here). An outdoor accessible lift provides snow access from the Creekside patio. Family, friends, and caregivers are welcome to stay inside the building where food, drink, and seating is available. Once on the snow, your instructor will begin the lesson by selecting the appropriate terrain based upon skill level accessed by chairlift or conveyor. The lesson will conclude where it began. Any medication or restroom needs are the responsibility of the student or their caregiver.

## Lessons

Each lesson is a maximum of two hours. Pick-up and drop-off location is at Snowbird Creekside Lodge (level 2) unless otherwise communicated.

- Lessons are offered Tuesday through Saturday
  - 1. 10:00 12:00 p.m.
  - 2. 1:00 3:00 p.m.
- Sunday and Monday lessons are available at full cost and based on availability. Must be scheduled a minimum of two weeks in advance.
- Full-day lessons are available when booked in advance and as availability allows.
  - Lesson will last a maximum of four hours from 10:00- 12:00 p.m. and 1:00- 3:00 p.m. Lunch is not provided. Students are on their own for the lunch break.

Parents, guardians and caretakers of minors must stay on the premises for the duration of the lesson. Come dressed in season-appropriate apparel. WAS has winter apparel available to borrow if needed.

# Cost

Scholarship-based and full-cost lessons include equipment (rental and/or adaptive equipment and helmet), lift ticket (for the duration of lesson) and instruction.

*Scholarship Assistance*- Wasatch Adaptive Sports offers scholarships to students based on financial need. The Scholarship Application, located within the Intake Form, must be filled out in its entirety a minimum of 72 hours prior to lesson to be considered for approval. Scholarship decisions are made based on a comparison of annual household income, number of permanent residents in the household, and percent of expenses related to long term medical care compared to median household income (+10%) in Utah. We will inform you of your scholarship status by email. Scholarship applications must be renewed each year.

- If approved for a scholarship, the student will receive up to five winter lessons funded by donor support (no charge).
- After the student has completed the number of scholarship-based lessons as indicated above, the student may reapply for additional scholarship assistance by submitting a supplemental scholarship form.
- The Intake Form asks what, if any, funds a student applying for a scholarship can contribute toward each lesson. This is not meant to create any financial hardship and may be leftblank.

*Tuition-* for students who do not apply or do not qualify for scholarship assistance. Payment must be remitted prior to the start of the lesson. WAS can accept cash, check, or credit card and can accept credit card payments over the phone. Refunds are only given for a lesson cancelled 48 hours or more prior to the start of the lesson. No discounts or refunds will be given for personal equipment or previously purchased lift tickets/ rentals.

- Utah Residents (must show proof of residence) \$40 per two-hour lesson
- Non-Utah Residents- \$120 per two-hour lesson

*Lift Tickets*- Lift tickets provided for a lesson are only good for the duration of the lesson and must be discarded after the conclusion of the lesson. If the student wishes to continue to ski for the remainder of the day, a ticket must be purchased through the resort. Snowbird offers discounted lift tickets to personal assistants accompanying adaptive athletes. Please contact us if you would like more information.

## Safety

Wasatch Adaptive Sports prioritizes and promotes safety in all aspects of the organization. Please read the Responsibility Code below. Inform a WAS representative of any personal safety concerns so we can best serve you.

### Seven Points to the Responsibility Code

- 1. Always stay in control, and be able to stop or avoid other people or objects.
- 2. People ahead of you have the right of way. It is your responsibility to avoid them.
- 3. You must not stop where you obstruct a trail, or are not visible from above.
- 4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
- 5. Always use devices to help prevent runaway equipment.
- 6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- 7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

KNOW THE CODE: IT'S YOUR RESPONSIBILITY. (National Ski Area Association)

#### Equipment

Due to manufacture safety standards, adaptive equipment has weight limits which WAS enforces.

#### Compliance

Parents, guardians, students or staff members of participating groups are responsible for the students(s) behavior at all times. Wasatch Adaptive Sports has the right to end a lesson should any unsafe, inappropriate, noncompliant or questionable behavior occur.

## Weather

WAS will cancel lessons based on forecasted weather including significant snowfall/rain, high winds, cold temperatures, dangerous road conditions and other variables as deemed unsafe by WAS staff at any time.

- Pre-determined cancellations will be made by 5 p.m. the day before the scheduled lesson. It is possible a cancellation may occur the day of the lesson due to unforeseen changes in weather or conditions.
- WAS will do our best to accommodate destination guests if weather conditions exists for the duration of their stay at Snowbird.

# **Transportation/ Road Conditions/ Parking**

UTA Ski Buses are accessible and have a regular schedule servicing Little Cottonwood Canyon. With stops throughout the Salt Lake valley and at the mouth of Little Cottonwood Canyon, we encourage all students and their families to make use of this service. The bus stop is located outside our office at Creekside Lodge. For schedules and times, visit <u>https://www.rideuta.com/Rider-Info/UTA-Ski-Service</u>.

Road restrictions or closures due to weather are possible and can result in heavy traffic up and down the canyon. Saturdays and Sundays are busy days at the ski resorts and parking may be limited. Please plan accordingly to arrive for your lesson on time. Accessible parking is located outside the WAS offices.

#### **Rental Program**

The WAS rental program provides access to adaptive equipment essential to achieving independence in recreation. Please ask a member of the WAS staff for more information.

#### **Student Feedback**

We want to hear your thoughts! WAS will send out surveys to collect your feedback and you are encouraged to participate. Please contact us at 801.933.2188 or <u>programs@wasatchadaptivesports.org</u> if you have any questions. We look forward to seeing you on the mountain!

For more information on how to support Wasatch Adaptive Sports, visit the donate page at <u>https://wasatchadaptivesports.org/donate/</u>.

#### **Notice of Nondiscrimination Policy to Students**

Wasatch Adaptive Sports does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admission policies, scholarship and athletic and other administered programs.