



417 West Winchester St., Murray, UT 84107

Office: 801.834.0476

[info@wasatchadaptivesports.org](mailto:info@wasatchadaptivesports.org)

## Essential Eligibility Criteria

The criteria are applicable to all program participants. If you are unable to meet certain criteria, please contact us (801.834.0476); we may be able to assist you with a reasonable accommodation unless it would compromise your safety and the safety of other students or instructors.

A companion is defined as someone (support network) or something (e.g. service dog or communication device) to assist the student with physical, emotional, and/or communication needs.

### All programs:

1. Individual requires specialized instruction or specific equipment adaptation for long term recreation participation.
2. Individual can manage personal care independently or with the assistance of a companion.
3. Individual can understand and follow instructions given by others to avoid hazards and /or manage risks independently or with the assistance of a companion. This includes following emergency procedures.
4. Individual can effectively signal or notify others of personal distress, injury, or need for assistance independently or with the assistance of a companion.
5. If medication needs to be administered in the event of a seizure and/or any other medical condition that requires immediate administration of medication or attention, a parent/guardian or trained companion must accompany the student throughout the program.
6. Individual must contribute to a safe learning environment. No harassing or abusive behavior of others for any reason is tolerated.
7. Individual must be able to refrain from behaviors that pose a risk to yourself or others. These behaviors include but are not limited to aggression, an inability to set boundaries, a lack of safety awareness, and drug or alcohol use or influence

### Criteria for Spinal Cord Injury or Stroke:

- Spinal Cord Injury: at least one year has passed since the date of injury. If less than one year has passed from the date of injury, a written physician's release has been submitted to WAS staff.
- Individual has no existing pressure sores that could worsen by participating in recreation.
- Stroke: at least 3 months have passed since the date of the stroke. If less than 3 months have passed, a written physician's release has been submitted to WAS staff.



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**Support Network Participation:**

1. Support network participating in programs must acknowledge they independently meet items numbered 2 through 7 of the above general essential eligibility criteria.
2. The instructor is the primary decision maker in regards to lesson plan and skill instruction.
3. Support network individuals that have not participated in specific training as a WAS instructor or volunteer are allowed to participate at the discretion of the instructor.
4. Support network individuals must have the adequate skill level in the designated program to participate with the lesson. (Generally skill level intermediate and above)

**Cycling:**

1. Wear a properly fitted cycling helmet for the duration of the program.
2. Be able to avoid trail hazards, with guidance if needed.